

# Janasamohini - Arhythmic Scale Exercises

*Play the exercises with your internal rhythm, but not with tabla, as they are not set to a taal.*

1. SRGPD<sub>N</sub>Ś<sub>N</sub>DPGR  
SRGPD<sub>N</sub>DPGR  
SRGPD<sub>P</sub>GR  
SRGPGR  
SRGR  
SRS \_

2. Ś<sub>N</sub>DPGRSRGPD<sub>N</sub>  
Ś<sub>N</sub>DPGRGPD<sub>N</sub>  
Ś<sub>N</sub>DPGPD<sub>N</sub>  
Ś<sub>N</sub>DPD<sub>N</sub>  
Ś<sub>N</sub>DN<sub>N</sub>  
Ś<sub>N</sub>Ś<sub>N</sub> \_



*As you go from top to bottom in each exercise, do not stop at all until the final note.*

3. SR  
SRGR  
SRGPGR  
SRGPD<sub>P</sub>GR  
SRGPD<sub>N</sub>DPGR  
SRGPD<sub>N</sub>Ś<sub>N</sub>DPGRS \_

4. Ś<sub>N</sub>  
Ś<sub>N</sub>DN<sub>N</sub>  
Ś<sub>N</sub>DPD<sub>N</sub>  
Ś<sub>N</sub>DPGPD<sub>N</sub>  
Ś<sub>N</sub>DPGRGPD<sub>N</sub>  
Ś<sub>N</sub>DPGRSRGPD<sub>N</sub>Ś<sub>N</sub> \_

*Take a deep breath before beginning.*

*Created August 19th, 2021 in Ibagué, Tolima, Colombia*

*and December 27th, 2021 in Charlottesville, VA*

*Arhythmic: without rhythm or regularity*